

EMERGENCY READINESS WORKSHEET

NestPaths

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Emergency Contacts

Primary Contact:

Name:

Relationship:

Phone:

Email:

Secondary Contact:

Name:

Relationship:

Phone:

Email:

Out-of-State Contact:

Name:

Relationship:

Phone:

Email:

Why an out-of-state contact? In a widespread emergency, local communication lines may be overwhelmed. An out-of-state contact can serve as a central point of communication.

Supplies Checklist

- Water (1 gallon per person per day)
- Non-perishable food (3-day supply)
- First-aid kit
- Flashlight
- Battery-powered or hand-crank radio
- Extra batteries
- Whistle
- Dust mask
- Moist towelettes, garbage bags, and plastic ties
- Wrench or pliers
- Manual can opener
- Local maps
- Cell phone with chargers and a backup battery

Consider specific needs like medication, infant supplies, pet food, and personal hygiene items.

Evacuation Plan

Primary Evacuation Route:

Detailed description of the route:

Secondary Evacuation Route:

Detailed description of the route:

Meeting Point (Outside the Home):

Address/Description:

Meeting Point (Outside the Neighborhood):

Address/Description:

Practice your evacuation plan with your family at least twice a year.

Important Notes

Insurance Information:

Medical Information (Allergies, medications, etc.):

Other Important Information:

Summary

This Emergency Readiness Worksheet is designed to help you and your family prepare for unexpected events. By completing this worksheet, you'll have a readily available resource containing critical information that can be invaluable during an emergency. Remember to review and update this worksheet regularly to ensure the information remains accurate and relevant.