

Resilience & Readiness

PLANNING TOOL



Strategic Transitions for Real Life



Transition Clarity for Uncertain Times

Stability Snapshot

(BEFORE CRISIS)

This section prevents panic planning.



Housing Stability

- Lease / Mortgage secure?
- Backup housing option identified?
- Landlord / HOA contacts saved?

Notes:



Income Stability

- 1 month buffer
- 3 month buffer
- Emergency income alternative?
- Access to cash (not just digital)?

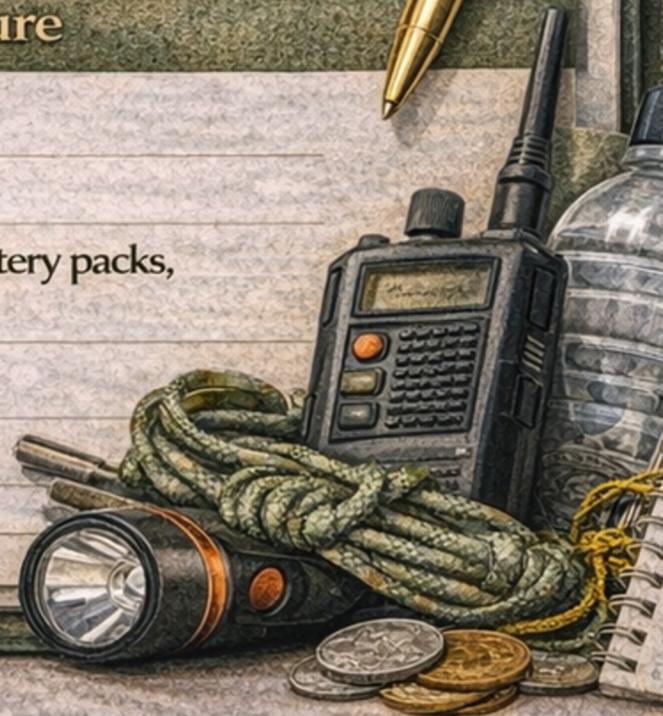
Notes:



Essential Infrastructure

- Power backup plan
- Water storage
- Communication backup (battery packs, printed contacts)
- Transportation fuel plan

Notes:



STEP 3 – 36-72 Hours

TRANSITION

Transition

Focus: Stabilization

- Confirm temporary housing
- Check insurance coverage
- Register address update (if needed)
- Secure food + water
- Reassess financial runway



Critical Question:

Is this temporary disruption – or strategic relocation?



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Mobility Planning Map



Relocation Tiers

- Tier 1 —
Local Relocation
(same city)
- Tier 2 —
Regional
(same state)
- Tier 3 —
Interstate
- Tier 4 —
International



Which applies to you?

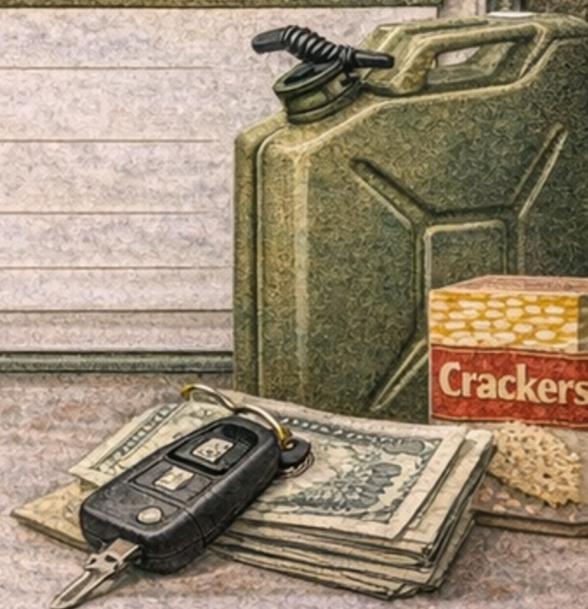
Notes: _____

Transportation Plan

Primary: _____

Backup: _____

Fuel strategy: _____





Document & Asset Protection

Essential to carry:

- IDs (all family members)
- Passports
- Birth certificates
- Insurance policies
- Lease / Mortgage documents
- Medical records summary
- Banking access info
- Emergency contacts list



Storage:

- Physical binder
- Digital encrypted copy
- Cloud + offline USB

Transportation Plan

- Physical binder
- Digital encrypted copy
- Cloud + offline USB





Financial Continuity Plan



If displaced for:

- 1 week:
- 1 month:
- 3 months:

Monthly burn rate: \$

Emergency access funds: \$



Constraint Mapping

(Your Unique Edge)



Not everyone has:

- Money
- Space
- Stability
- Support

What limits you most?

- | | |
|--|--|
| <input checked="" type="checkbox"/> Budget | <input checked="" type="checkbox"/> Health |
| <input checked="" type="checkbox"/> Mobility | <input checked="" type="checkbox"/> Mobility |
| <input checked="" type="checkbox"/> Dependents | <input checked="" type="checkbox"/> Immigration status |
| <input checked="" type="checkbox"/> Housing insecurity | |

Plan within your constraint:

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.....

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After the First 72 Hours

Stability Questions:

- Do we return or relocate permanently?
- What failed in our system?
- What needs upgrading?
- What long-term transition is emerging?



Closing

*Resilience is not panic.
It is structured preparation.*

Prepared families don't just survive
instability — they navigate it.



NestPathsTM

Strategic Transitions for Real Life

